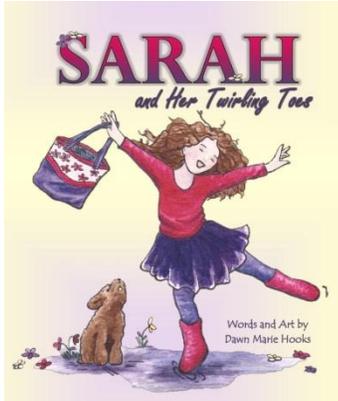


SARAH

and Her Twirling Toes



Sarah loves to scream. Her tonsils tickle. Her tummy dances. Best of all, her toes twirl! But, one day Sarah's scream disappears and her toes don't twirl. What will she do?

About the Author/Illustrator

Dawn Marie Hooks, M.S.Ed., a former elementary teacher, lives in Washington, with her husband, two daughters, and their feisty puppy, Maui. When she isn't working on her books, she enjoys reading, sunshine, and water sports (especially wake surfing).



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Before Reading

"Can you guess what Sarah is like by looking at the cover and title of the book?"



Discussion Questions

1. Why did Sarah like screaming? Was it a happy or mad scream?
2. Do you like screaming? How does it make you feel? Do you like listening to screaming?
3. When is it bad manners to scream? When is it okay to scream?
4. How did Sarah try to get her voice back?
5. Why did Sarah finally follow her doctor's directions?
6. At the very end of the story, what did Sarah decide to do instead of screaming? Why?

Extension Activities



1. Sing/play "Head, Shoulders, Knees, and Toes" or change the words to "Tonsils, Tummy, Heels, and Toes." Discuss where the tonsils are and what they are used for.
2. Discuss what a synonym is. Write a list of all the words in the book used for scream. Add more synonyms for scream to the list.
3. When do you scream? Review the different illustrations in the book of when Sarah screamed. Have student draw a picture of a time they screamed. They can share whether the situation they drew is a happy or an unhappy scream. Discuss good and bad manners regarding noise.
4. Learn about the five senses using honey ginger tea.
 - a. You will need ginger root, a bottle of honey, toothpicks, hot water, and paper cups safe for hot drinks. (optional: lemon)
 - b. Hand out little slices of ginger to each student (saving a thumb size piece for the tea). Have students describe the ginger using the five senses - What it look like? What does it sound like? What does it feel like? What does it smell like? What does it taste like? Give each student a drop of honey (on a toothpick). Ask the same questions. (Optional: do this with lemon slices also).
 - c. Slice one thumb size piece of ginger root into thin slices. Put in boiling water. Add lots of honey (to taste). Optional: add lemon slices. Let seep for three minutes. Allow to cool. Pour into cups for students to smell and taste. Ask what ingredients they smell and taste.
 - d. Discuss why people drink this type of tea and what the health benefits are.
5. Study laryngitis. Compare it to Sarah's "Screamingitis Syndrome."

